



NATIONAL LEADERSHIP GRANTS FOR LIBRARIES

Sample Application LG-259091-OLS-25
Project Category: Community-Centered Implementation

County of Charleston (Charleston Public Library)

Amount awarded by IMLS: \$100,000

The Charleston County Public Library (CCPL) will expand its Free & Fresh program, initially launched in 2020. This initiative aims to combat food insecurity in Charleston County by distributing fresh produce, particularly to underserved populations. The grant will add three key educational programs to the Free & Fresh program: Edible Alphabet, which combines English language learning with cooking instruction for ESL learners; Chow Down on Wellness, a plant-based cooking class tailored for veterans to address chronic health issues; and Cooking Matters, a hands-on cooking and nutrition education initiative adapted to local ingredients. These programs will target critical needs, including food insecurity and health literacy, promoting healthier lifestyles and empowering participants to make informed dietary choices. By expanding Free & Fresh and integrating educational components, the grant will strengthen its role as a community hub for health and nutrition, empowering underserved populations and fostering long-term, positive health outcomes.

Attached are the following components excerpted from the original application.

- Narrative
- Schedule of completion

When preparing an application for the next deadline, be sure to follow the instructions in the most recent Notice of Funding Opportunity for the grant program to which you are applying.

IMLS Funding Opportunity Number: NLG-Libraries-FY25

Assistance Listing Number: 45.312

Applicant: Charleston County Public Library

Introduction

Charleston County, South Carolina faces significant food insecurity, health disparities, and food literacy needs, with nearly 50,000 residents living below the poverty line according to U.S. Census estimates. Charleston County Public Library (CCPL) has addressed some of these challenges through their Free & Fresh program, which has distributed over 182,000 pounds of free produce to the most vulnerable members of the community since 2021. However, increasing demand highlights the need for expanded access to healthy foods and integrated educational programs to promote healthier, self-sufficient lifestyles. CCPL is requesting \$100,000 in IMLS funds through the National Leadership Grants for Libraries—Community Centered Implementation category. No cost share is required or included for this project.

CCPL's proposed food access and health literacy program, Free and Fresh: Food for Thought (Free and Fresh), aims to implement a holistic approach to addressing issues of food insecurity and health outcomes by expanding the footprint of our free produce distribution program and integrating culinary education initiatives that will improve health literacy and language skills among strategic populations. By addressing food insecurity and providing the tools necessary to build healthier habits, this program seeks to increase participation in the food distribution program participation by 15%, improve dietary habits among 40% of Free and Fresh participants, and enhance English proficiency for 40% of participants who speak other languages. To achieve these goals, CCPL will engage key partners such as the Lowcountry Food Bank, Trident Literacy Association, and other deep-rooted local organizations who are positioned to support meaningful outreach and participant engagement. In partnership with Center for Applied Research and Evaluation at the University of South Carolina, Free and Fresh will also provide valuable tools to measure health outcomes, strengthening demonstrative capabilities and creating a scalable model for libraries and other community organizations nationwide.

Project Justification

Charleston County residents face significant issues of food insecurity and consequent health disparities, determined largely by their socioeconomic status and which neighborhood they call home. According to Feeding America, the county has a food insecurity rate of 9.2%, affecting nearly 36,890 residents and USDA's Food Access Research Atlas has identified multiple limited grocery access areas (or food deserts) throughout the county. For example, 13.6% - 28.4% of low-income households without access to a vehicle in North Charleston are located more than one-half mile from a supermarket, unable to easily reach their nearest source for fresh food. Even for Charleston County residents with better geographic grocery access, the cost of groceries may still present a significant barrier. The United Way's ALICE Report noted that 44% of South Carolina households are living below the ALICE (asset limited, income

constrained, employed) threshold—earning above the poverty line but unable to afford basic living costs. Over half (54%) of food-insecure individuals in Charleston County fall below the SNAP eligibility threshold of 130% of the federal poverty level, while another 8% struggle with food access but do not qualify for assistance. Additionally, 38% of food-insecure children in Charleston County do not qualify for federal nutrition programs, leaving many families without assistance, according to Child Hunger & Poverty in Charleston County, South Carolina: Map the Meal Gap Report. For thousands of Charlestonians, the need for intervention is urgent.

In collaboration with a network of community organizations, CCPL has been working to better understand the issue and take action to reduce barriers to access for our neighbors. Our efforts have largely been informed by the Community Health Needs Assessment Report by Healthy Tri-County, a regional initiative to improve health outcomes. 52.3% of their respondents in 2022 identified cost as the primary barrier to eating healthy, while 27.4% cited a lack of knowledge on how to eat healthy as the second most significant obstacle which highlights the intersection of food access and nutrition education in addressing health disparities. Launched in 2021, the CCPL Free & Fresh program started by offering free fruits and vegetables at three public library branches in low-access neighborhoods. To reduce stigma and increase usage, we consulted with the Lowcountry Food Bank and made the decision to open access to all members of the community with no required registration. As a result, this program has distributed more than 182,000 pounds of produce since its launch and was accessed approximately 25,440 times in 2024. Community survey results show 84.7% of respondents reported increasing their fruit and vegetable consumption because of the program. Respondents also indicated their top three reasons for using the program were access to free food (1), health benefits (2), and exposure to new foods (3). 68% of survey respondents indicated they access the fridge weekly for produce, which demonstrates a reliance upon the program for consistent access to healthy foods.

To increase food literacy, CCPL then introduced cooking classes to our regular programming which utilize mobile food kitchens called Charlie Carts that can be transported among our library branches. Additionally, CCPL invested in a permanent kitchen classroom at the Keith Summey North Charleston Library, where classes are taught monthly for all ages. Ongoing culinary training for staff and consultation with project leaders is provided by the Lowcountry Food Bank. In FY24, CCPL has hosted 107 programs with 1,505 attendees. Four training opportunities were provided to CCPL staff in FY24 with 46 staff members completing the training. By the end of FY24, 41 CCPL staff members hold the Food Handler Safety Certification.

In alignment with the NLG-L Program Goal, Objective 1.2 to improve community well-being through libraries and archives, CCPL is seeking funding to further expand our Free and Fresh programming while contributing to the national conversation by performing a participant health analysis to better understand the outcomes of programs like these. The project would expand our food distribution initiative to one additional library branch in an area with high food insecurity, the Keith Summey North Charleston Library, to complement the regular programming from the kitchen classroom. The expansion also includes the development of a robust food literacy and culinary education calendar across multiple branches that would integrate nutritional

health programs tailored for populations who historically have experienced higher rates of obesity and challenges accessing healthy foods. While the final calendar is still under development, potential classes may include trauma-informed sessions for veterans, English language-centered opportunities for speakers of other languages (ESOL), programs for seniors, and/or those suffering from risk of diabetes or other chronic health conditions. To develop these curriculums, CCPL would build upon programs like the Lowcountry Food Bank's Cooking Matters program, a six-week course that teaches community members how to purchase and prepare foods that meet their nutrition, budgetary and personal needs. CCPL will also adapt programs from the Free Library of Philadelphia such as Edible Alphabet, which teaches English language and literacy skills through hands-on cooking projects, and Chow Down on Wellness, which provides plant-based culinary instruction to veterans, to meet the needs of Charleston County's residents. Full integration of the Free and Fresh program components will be achieved by providing these culinary education initiatives at library branches that also offer food distribution for ease of access and greater visibility. Further, CCPL will provide curated recipe cards at the produce fridges that tie directly to the integrated programming and library staff/class instructors will encourage use of the free produce initiative throughout all programmatic elements.

In the current iteration, the Free and Fresh program tracks pounds of produce distributed, the number of interactions with the food distribution sites, and community surveys and testimonials. If funded, CCPL would work with qualified researchers from the University of South Carolina to enhance existing measurement and evaluation tools to include logic modeling, a comprehensive evaluation strategy, a quantitative impact study connecting the Free and Fresh program to health outcomes, and a qualitative impact study. The project's research and evaluator tool development will have a valuable impact in demonstrating the value of programs like these for libraries and other public institutions nationwide. The development of a written strategy for how to evaluate each piece of the logic model (i.e., the "process", "impact", and "outcomes") of the initiative will provide CCPL and other public libraries a template for evaluating their food literacy and distribution services. This includes what measures are needed to evaluate these components, what instruments should be used, and a timeline for data collection. Researchers will also calculate the return on investment and value to the community, which provides demonstrable impact for varying sectors of the regional economy.

The components of this program will remain free and open to all Charleston County residents; however, the target audience is low-income individuals and families who are most likely to face food insecurity. Produce distribution sites will continue to be determined based on community food access scores. Food literacy and cooking classes will be varied to serve a large audience, but curriculums will be developed to meet the specific needs of vulnerable populations such as veterans, ESOL learners, seniors, and the ALICE population. Data from the most recent U.S. Census Bureau Survey indicates that approximately 49,228 individuals live below the poverty line in Charleston County. The United Way ALICE Report shows that an additional 71,338 households in our community with income above the poverty line are still unable to afford basic living expenses. According to figures from the 2019-2023 U.S. Census Bureau, there are 27,598 veterans and 27,583 foreign-born persons living in Charleston County. Based on the

results CCPL's programming has already achieved, the immediate potential benefit of expanded programming for these populations is significant.

Work Plan

CCPL staff will lead the project through its centralized Community Engagement Department (programming and innovative services) where Kathleen Montgomery, Project Director, and Darcy Coover, Adult Services Coordinator, will engage the leadership and staff of the four library branches identified in the project. The staff of the Otranto Road, Keith Summey North Charleston, John L. Dart, and St. Paul's Hollywood Libraries will be responsible for inclusion in training, providing consistent input and feedback to project leaders, stocking and monitoring of the Free and Fresh produce distribution refrigerators, word of mouth promotions of these programs to their patrons and through their outreach efforts, distribution of surveys, inclusion in focus group interviews, and more. CCPL's Communications and Marketing Department will work closely with the Community Engagement Department in identifying existing and new potential grassroots promotional opportunities, outreach, partner-promotional strategies, and developing collateral for digital and traditional mediums.

While CCPL will be responsible for coordination and management of this project, the Free and Fresh program expansion is heavily rooted in collaboration with public and private entity stakeholders, many of whom contributed to the development of the project plan through one-on-one collaborative meetings to discuss the goals, preliminary scope of work drafts, and potential outcomes. As the program progresses, we intend to maintain regular meetings and stakeholder interviews that will occur throughout the development, launch, and post-launch of the project to ensure consistent input and feedback from our partners. At this stage, CCPL has received initial commitments from several partners who bring extensive knowledge and value to the project. The Lowcountry Food Bank (LFB) is a non-profit organization headquartered in North Charleston, SC. LFB serves the Lowcountry through a network of food pantries, on-site meal programs, school and senior programs, veterans' groups, and shelters. A longstanding partner of the Charleston County Public Library, LFB will be responsible for expanding their support of our food literacy/Charlie Cart mobile food kitchen programming and providing consultation for the adaptation of their Cooking Matters programs at our libraries. The Free Library of Philadelphia launched their Culinary Literacy Center, the first space of its kind in a public library, in 2014. A decade later, they offer over 30 programs each month to improve the lives of Philadelphia residents through culinary and health education. They have shared their curriculum model and supporting documents for their Edible Alphabet program. Trident Literacy Association (TLA) is a non-profit organization working to eliminate all adult illiteracy and reverse the cycle of generational poverty in the Charleston Tri-County Region through evidence-based programs facilitated by highly trained staff and volunteers. Leveraging their expertise in Adult Basic Education and English as a Second Language Programs, TLA will be responsible for adapting the Edible Alphabet curriculum to meet the needs of our local community, deliver the programs, provide training to CCPL's staff, and develop a potential sustainability model for the post-grant period. Existing relationships with El Informador, a local Spanish newspaper, and

Norsan Media, a Spanish media company that includes radio and magazine in our area, will assist in targeted promotions to non-English speakers through radio ads, the submission of our monthly newspaper column, and other digital and print opportunities. An ongoing partnership with the Adult Literacy and Learning Impact Network, a coalition of national organizations convened by the Barbara Bush Foundation for Family Literacy and dedicated to increasing adult literacy access, will be leveraged to reach more adults and families who may qualify for project participation. Finally, researchers from the University of South Carolina's Arnold School of Health, Center for Applied Research and Evaluation have contributed to the outline of our goals to develop sustainable and measurable health outcomes that can demonstrate the impact of this project. These researchers provided CCPL improved options to measure program results including quantitative and qualitative evaluations and an economic impact study. Our efforts will include focus groups, interviews, data collection, and analysis, and will provide CCPL with a sustainable framework for future evaluations. Evaluation tools have been integrated into the new adapted program elements including pre-and-post launch focus groups, surveys, and stakeholder interviews.

Additional partners will be identified for their expertise as we complete our full calendar of educational programming. For example, CCPL is currently identifying the best partners to collaborate on the veteran-centered program Chow Down on Wellness. We are exploring adapting best practices for trauma-informed programming from the Warrior Surf Foundation, a local nonprofit that offers surfing therapy, wellness coaching, yoga classes, and community to veterans living with PTSD, anxiety, depression, and other mental health issues. We are also interested in working with our local Veterans Affairs Administration office to expand on their existing nutrition programming by sharing referrals and focusing on providing culinary instruction in neighborhoods outside their immediate service area.

Specific activities and sequence are listed below:

Year 1

August 2025:

- Kick-off meetings with program partners and the research team to define goals, objectives, and review current data collection.
- Research team will begin development of the logic model and evaluation plan.
- CCPL will review partner project scopes and finalize contracts and subgrants.
- CCPL will expand existing partner agreements for the addition of a new refrigerator at Keith Summey North Charleston Library (KSNC).
- CCPL's Communications/Marketing team will develop a promotional plan for the launch of the new Free and Fresh site at KSNC, to include ordering branding decals and signage.

September 2025:

- CCPL to purchase a new refrigerator and finalize any new partner agreements for produce donations at the KSNC site.
- CCPL Project Director and Adult Services Coordinator to provide training to KSNC staff, including procedures on restocking, data collection, and monitoring. Bags, recipe cards, and other collateral will be delivered to KSNC in anticipation of the launch.
- CCPL Project Director to begin produce purchases for all four Free and Fresh food distribution sites to supplement limited farm donations during the cold season.
- Weekly produce deliveries to all four food distribution sites begins.
- CCPL will develop a survey of targeted population groups (non-English speakers, veterans, and/or seniors) for the culinary programs. Focus group interview questions will be drafted and program adaptation planning will begin with external partners.

October 2025:

- Implementation of promotional plan for the new Free and Fresh site at KSNC, to include a press conference/ribbon cutting ceremony.

November 2025:

- CCPL will begin distribution of a survey evaluating the Free and Fresh program at the new KSNC site.
- University of South Carolina (USC) research team delivers logic model and evaluation plan, to be reviewed by CCPL. This group will work together to value/confirm valuation of inputs and outcomes for the value on investment study.
- USC researchers will also collaborate to create Ripple Effect Mapping (REM) and focus group guides, and to identify and recruit stakeholders for REM and focus groups.

December 2025:

- CCPL works with community partners to finalize survey questions and distribution plan and focus group plans/scheduling/questions for targeted population groups for adapted programs. Focus groups will be scheduled for January/February 2026.
- CCPL develops grassroots plans to include partner-relations and promotional plans for distribution of the survey.

January 2026:

- CCPL and partners host target population focus groups for the Free and Fresh programs.
- CCPL begins survey collection and implements distribution plan for targeted population for Free and Fresh programs.

February 2026:

- USC researchers conduct interviews with stakeholders (such as CCPL staff and community partners) to define potential health outcomes.
- USC researchers conduct a literature review to valuate/confirm valuation of inputs and outcomes.

March 2026:

- CCPL and community partners to analyze focus group and survey data; draft report.

April 2026:

- Transition from produce purchases to partner donations with the growing season and weekly deliveries to all Free and Fresh food distribution sites.
- CCPL and community partners begin constructing models of the adapted culinary programs (e.g. Edible Alphabet, Chow Down on Wellness).

May 2026:

- USC researchers conduct value on investment analysis and analyze data from the REM and focus groups.
- Lowcountry Food Bank begins hosting Cooking Matters Courses (one per quarter at four locations).

Year 2

August 2026:

- USC researchers deliver manuscript and brief summary reports.
- CCPL and community partners finalize culinary education program models and implement any needed training and/or coordination at the program sites. Supplies are ordered.
- CCPL begins promotional planning for the Free and Fresh culinary education pilot programs.

September 2026:

- CCPL Project Director purchases produce for all four Free and Fresh food distribution sites to supplement limited farm donations during the cold season.
- Weekly produce deliveries to all four food distribution sites begins.

October 2026:

- Pilot programs launch at selected sites for adapted culinary education classes. Promotional plan to include targeted audience of non-English speakers by leveraging partner-relations with non-profits serving non-English speakers and local Spanish media outlets.
- Community partners will audit initial culinary education classes, delivering evaluations and suggested adjustments to the Free and Fresh program to the CCPL Project Director.
- CCPL will implement appropriate adjustments from the community partner evaluations and will communicate any programmatic changes to all Free and Fresh stakeholders.

November 2026-May 2027:

- Revised Free and Fresh culinary education classes to launch.
- CCPL staff will conduct surveys with Free and Fresh culinary education participants to gauge the efficacy of the revised program.

May 2027:

- CCPL Project Director and Adult Services Coordinator will collect and assess post-program interviews, surveys, and narratives from stakeholders, community partners, and CCPL staff.
- CCPL to begin drafting the Free and Fresh toolkit which will be made available to the public for replication of this food distribution and culinary education model.

June-August 2027:

- CCPL will develop a plan for toolkit distribution to include social media posts, blog posts for library-related publications, apply to present at library or non-profit conferences, and/or host a webinar.
- CCPL will develop a plan for post-grant sustainability and feasibility.

Project Results

The Free and Fresh: Food for Thought program addresses food insecurity in Charleston County by directly tackling the two largest issues identified in the Healthy Tri-County Needs Assessment Report. By providing fruits and vegetables at no cost to all members of the Charleston County community, we are removing the high cost of fresh produce which was cited as the top barrier to healthy eating. Further, by strategically placing these food distribution sites inside libraries in low-income, low-access neighborhoods - as categorized by the USDA Food Access Research Atlas - we are ensuring that the program can be easily accessed by our neighbors most at risk for food insecurity. As identified by the Needs Assessment Report, access to food is not enough; participants also need to understand the principles of healthy eating and how to use the ingredients provided by CCPL to create meals they want to eat. By building on existing CCPL healthy eating initiatives and adapting food literacy curriculums from trusted

partners, we will offer a robust calendar of educational content that builds important foundational and health literacy skills. To ensure that we can serve members of our ALICE community who may have difficulty attending live classes as they balance work and family responsibilities, printed recipes and educational tips from our classes will be made available at all Free and Fresh food distribution sites. With this expanded footprint, we expect to see a 15% increase in fridge interactions and a 40% increase in fruit and vegetable consumption for residents who participate in the program. Free and Fresh also aims to foster habitual dietary modifications that promote self-sufficiency and long-term health improvements, a key need in Charleston County where 65.5% of residents are overweight or obese and many consume fewer than two servings of vegetables per day. Additionally, food insecurity mapping in Charleston County has identified areas with high levels of food insecurity and limited access to fresh food have historically experienced higher rates of chronic illnesses. This program expansion strategically positions CCPL to reduce food insecurity, improve dietary habits, and contribute to long-term community health benefits in Charleston County.

Food insecurity is not unique to Charleston County and CCPL recognizes the long-term public benefit this program can provide. Based on the Urban Libraries Council's most recent white paper on food justice and the early success of the Free and Fresh programs at CCPL, libraries nationwide can play a crucial role in addressing food insecurity by serving as a trusted access point for food distribution and nutrition education. We are committed to establishing a standardized, data-driven framework that can be replicated and customized by other institutions and communities across the country. A detailed toolkit with best practices, operational guidelines, and evaluation metrics will be created for easy adoption by libraries, nonprofits, and community organizations. The program will use quantitative and qualitative data to assess impact, ensuring flexibility and alignment with existing regional health reports such as the Healthy Tri-County Needs Assessment and USDA food insecurity mapping. Educational components will be modular and scalable, available in digital and print formats, allowing communities with varying resources to implement them effectively. By aligning with public health initiatives, forming partnerships with institutions like food banks and health departments, and securing sustainable funding through grants and sponsorships, the program can be scaled and replicated.

To effectively disseminate project findings and deliverables, we will implement a multi-channel strategy that ensures accessibility for both target groups and ultimate beneficiaries. The Free and Fresh toolkit will be published summarizing key outcomes, best practices, and lessons learned, which will be shared with partner organizations, local government agencies, and community stakeholders. Findings will be presented at regional and/or national conferences that cater to library networks, food security coalitions, and public health forums to encourage broader adoption and replication. Examples include the South Carolina Library Association Conference, Alliance for a Healthier South Carolina Conference, and workshops through Healthy Tri-County, South Carolina Library Association, SC State Library, and Together SC. A promotional campaign will include article or white paper submissions to Library Journal, American Libraries, local and regional partner e-newsletter submissions. We will leverage digital platforms, webinars, and social media campaigns to engage the public and raise awareness about program impact. Locally,

findings will be integrated into community meetings, workshops, and outreach events to directly inform and benefit those who rely on food access programs. Through collaborations with Healthy Tri-County we will ensure findings reach policy makers, funders, and health professionals, ultimately supporting sustainable food security solutions beyond Charleston County. We will also further leverage our partnership with the Adult Literacy and Learning Impact Network (ALL IN) to disseminate findings through libraries and literacy partners nationwide. Notably, CCPL is participating in another IMLS-funded grant to co-design Adult and Family Literacy Centers with the American Library Association and other ALL IN partner organizations. This grant and the network it provides will help deepen our efforts to understand and address barriers to literacy access, including food insecurity.

Since its launch in 2020, CCPL has maintained the Free and Fresh food distribution and food literacy programs through strong community partnerships, recurring grant funding, donations, and operational funding. The development of an economic impact study through this project will further provide CCPL and other institutions leverageable data that demonstrates these programs contribute to the economic health of local communities and economic effects on the health systems, expanding its sustainable funding source opportunities. Program-specific data collection and impact assessments will also be used to demonstrate the effectiveness of Free and Fresh, which will strengthen future funding applications and policy advocacy for institutional and regional support. CCPL will also use this performance period to strengthen existing community partnerships with organizations such as food banks, health departments, and nonprofits to secure ongoing food donations and operational support. Additionally, CCPL will work to integrate the programs into Charleston County Public Library's core services, ensuring that staff training, educational programming, and outreach efforts continue beyond the initial funding period. Finally, the replicable toolkits and training materials will ensure that the benefits of this grant extend well beyond the initial period of performance as they enable other libraries and community organizations to adopt and sustain similar programs for years to come.

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Assistance Listing Number: 45.312

Applicant: Charleston County Public Library

Key Operations/Milestones Year One	August- October 2025	November- January 2025	February- April 2026	May- July 2026
Project Preparation and Produce Distribution Operations				
CCPL signs contracts with committed partners, host kick-off partner meetings				
Purchase supplies and plan for installation of new Free and Fresh location				
Launch new fridge at Keith Summey North Charleston branch				
Weekly produce deliveries at fridge locations				
Create marketing, communications, and outreach plan for all activities				
USC CARE (Center for Applied Research and Evaluation) Program Analysis				
Regular meetings between CARE and CCPL to define goals, objectives, current data collection etc				
Development of a logic model				
Development of an evaluation plan				
Final review and approval of logic model and evaluation plan				
CARE and CCPL to valuate/confirm valuation of inputs and outcomes for value on investment study				
Conduct interviews with stakeholders (CCPL staff, partners) to define potential health outcomes				
Literature review to valuate/confirm valuation of inputs and outcomes				
Value on investment analysis				
Collaborate to create Ripple Effect Mapping (REM) and focus group guides				
Identify and recruit stakeholders for REM and focus groups				
Conduct REM session and focus group(s)				
Analyze data from REM and focus groups				
Culinary Program Planning and Implementation with Community Partners				
Hold kickoff meeting with partners and library staff				
Survey targeted populations for adapted programs				
Finalize scope of work for each partner				
Hold focus groups for targeted populations				
CCPL and partners to analyze focus groups and survey data				
Promote programs through marketing and grassroots outreach				
Cooking Matters series with Lowcountry Foodbank (one branch per quarter)				

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Key Operations/Milestones Year Two	August- October 2026	November- January 2027	February- April 2027	May- July 2027
Project Preparation and Produce Distribution Operations				
Weekly produce deliveries at fridge locations				
USC CARE (Center for Applied Research and Evaluation) Analysis of Free and Fresh program				
Manuscript and brief summary report writing				
Culinary Program Planning and Implementation with Community Partners				
Promote programs through marketing and grassroots outreach				
Cooking Matters series with Lowcountry Foodbank (one branch per quarter)				
Conduct staff training with partners for each adapted program series				
Pilot Chow Down on Wellness (CDOW) programs				
Gather input/feedback on CDOW				
Make changes based on feedback, launch CDOW				
Pilot Edible Alphabet (EA) programs				
Gather input/feedback on EA				
Make changes based on feedback, launch EA				
Post-Program Evaluation, Data Collection, and Dissemination				
Collect and assess post-program interviews, surveys, narratives				
Develop toolkit, potential presentations/webinars				
Create plan of post-grant sustainability and feasibility				