



COMMUNITY SALUTE / LIBRARIES AND MUSEUMS SERVING VETERANS AND MILITARY FAMILIES

Supporting Veterans and Military Families: Understanding The Community

Museums and libraries have long served as place-based hubs for members of the public to engage in informal learning, access collections for educational or aesthetic purposes, and participate in civic dialogue. Across the country, changing community needs and priorities along with new modes of engagement have created an imperative to connect with and serve the public in ways that extend beyond traditional institutional formats and settings. Museums and libraries have begun to respond to this imperative. In so doing, they are connecting with the public in new and deeper ways, strengthening the social and institutional networks that support community wellbeing, and acting as catalysts to spark positive change. \(^1\)

Community Salute is an initiative of the Institute of Museum and Library Services (IMLS), with the goal of studying how libraries and museums are responding to the needs of veterans and their families and developing new strategies to work with community collaborations to provide better services for this important constituency.² Community Salute is an example of the ways museums and libraries can work as community catalysts.

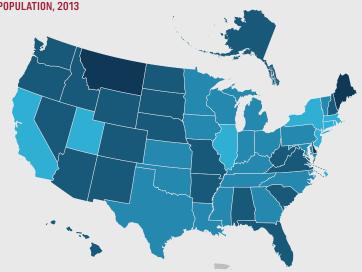
Veteran Demographics VETERANS BY AGE¹ of the total **U.S. POPULATION** 85+ are veterans 80-84 75-79 70-74 65-69 60-64 55-59 VETERANS BY COHORT OF WAR² 50-54 45-49 40-44 1.8 MILLION 35-39 Korean War 30-34 3.4 MILLION 25-29 <24 Vietnam War 2.5 0.5 1.5 MILLIONS 700 THOUSAND Persian Gulf War 2.7 MILLION Post-9/11 Wars VETERANS BY RACE AND ETHNICITY¹ - White alone Black or African VETERANS BY EDUCATIONAL ATTAINMENT² American - Hispanic or Latino High school diploma, - Two or more races 36% GED, or some college Other Asian - American Indian or Alaska Native 30% Bachelor's degree - Native Hawaiian or Pacific Islander Advanced degree 26% VETERANS BY GENDER¹ Female 8% Other or unknown Male

Nearly All Communities in the United States Have Some Connection to Military Experiences



PERCENT OF **STATE POPULATION**

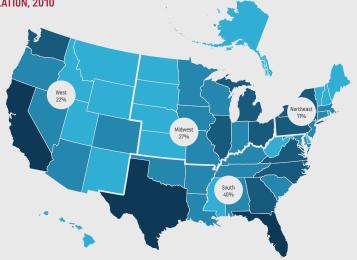
- **-** 12.0% 13.8% [3]
- 10.0% 11.9% [22]
- 8.0% 9.9% [18]
- 6.0% 7.9% [8]
- 3.8% [PUERTO RICO]



PERCENTAGE OF TOTAL VETERAN POPULATION, 2010

PERCENTAGE

- **-** 7.1 9.7
- 5.1 7.0
- 2.6 5.0
- 1.1 2.5
- 0.2 1.0



VETERANS AND MILITARY FAMILIES BUILD COMMUNITY IN EVERY STATE

veterans live in the U.S., representing 6.8 percent of the total population

spouses support active duty service members

spouses and their families support veterans

0 states

National Guard serves in every state

Although they may not be aware of it, most civilians regularly engage with someone affiliated with the military.

With 22 million veterans and some 725,000 active duty military spouses across the country, veterans and military families are building lives and deepening roots in the communities they serve.³ Despite their presence in communities across the country, many civilians, organizations, and communities continue to have limited understanding of the military population and experience.

Veterans and military families in your community may already be using the services and programs your library or museum offers. This brief provides museums and libraries with an overview of the characteristics, challenges, and experiences faced by veterans and military families in order to help increase understanding and provide a starting point for continued learning and engagement with the military community.

VETERAN COMMUNITY

Veterans represent a significant portion of the population — about 6.8 percent — yet they often go unnoticed by civilians.4 Many veterans choose not to self-identify for a variety of reasons: some may have served a short time and consider only a long-term career as qualifying for veteran status; others may have had negative or traumatic experiences they don't wish to share; while still others may have worked in non-combat positions and don't consider themselves a veteran of war.5

Further, no single entity tracks veterans after service. The Department of Veterans Affairs (VA) only records veterans who voluntarily and pro-actively connect with them.⁶ And that is a fairly limited number, as only 27.5 percent of veterans nationwide use the healthcare benefits they may be eligible to receive by the VA.7

This lack of visibility allows for misperceptions that are highlighted in the media. The common portrayal of a veteran suffering from mental health or substance abuse issues emphasizes the tale of the "broken" veteran. Movies frequently depict "war heroes" who participated in active combat and seek recognition for their service or sacrifice. Or we see the story of the "enlisted" veteran who entered the military for lack of other opportunities. While these narratives represent some segments of the population, the breadth of veteran experiences is tremendous and not nearly as narrowly defined.

These misperceptions illustrate the "military-civilian divide," a gap in understanding between the military experience and the civilian world.

According to the Pew Research Center, 71 percent of civilians say they have little to no understanding of the military experience despite a strong appreciation for the military.8 As the military continues to shrink and fewer individuals serve, the connections between military personnel and the broader civilian population also appear to be shrinking.9 Even people directly related to a veteran or service member may not fully understand the depth and nuance of the military experience, which is very distinct from the civilian experience. From day one at boot camp, service members abandon their civilian habits for a highly structured routine and hierarchical environment. Combat zone experiences are often beyond comprehension for the average civilian.¹⁰

"For the most part, the majority of the issues we talk about in the media [about veterans] don't apply to the majority of this population."

- Researcher

These experiences are deeply rooted in veterans and often influence their civilian life. Research indicates that veterans may benefit from support in four core areas as they reintegrate into civilian society. 11 These include:

• Forming community connections: For many veterans, the military provided a strong sense of community and camaraderie that they continue to seek out in the civilian world. But the highly mobile nature of the military (moving frequently to new posts,

Misperceptions About the Veteran Community

SOCIETY PERCEIVES VETERANS...



...often suffer from mental health and/or substance abuse issues



...entered the military as an alternative to college



...all participated in active combat



...want to be perceived as heroes



...want to be recognized for their service

In Reality, the Veteran Population is Diverse and Heterogeneous

VETERANS TODAY:



veterans are <30 years old1



veterans in the U.S. are foreign born⁵



veterans are of retirement age or older1



of veterans are female1



have a bachelor's degree or higher²



of veterans 18-34 are of nonwhite race and ethnicity³



of occupations are in noncombatspecific positions4

THE VETERAN POPULATION IS LIKELY TO BECOME MORE DIVERSE IN THE FUTURE...



of active duty military is female1

...AND WILL COVER EVEN MORE DIVERSE MILITARY EXPERIENCES

"The military's role has been **expanded** far beyond the traditional battlefield, into areas such as nation-building and cybersecurity, [resulting] in an almost incomprehensible military experience to the average American."6



of the active duty military is <24 years old2

- deployment, and separation from civilian communities) can make it hard to maintain relationships and connections. When it's time for veterans to put down roots permanently, many feel disconnected from social networks and communities. Opportunities for military-civilian engagement intended to create new relationships and expand social circles are limited.
- Transitioning successfully: The period immediately after service members are discharged is particularly critical as new veterans begin building the foundation for their civilian life. Many seek initial employment or education and training that may sustain long-term employment. Yet veterans often find that skills they developed while in service are not readily transferable to civilian positions and that cultural reintegration into a civilian workplace requires time and constant attention. In addition, the initial transition period often requires navigating a complex system to receive earned benefits and services (e.g., GI Bill, health care). If a veteran does not live near
- a military support system, he or she may have difficulty accessing and using these services.
- Ensuring economic security: Forty-one percent of veterans describe their financial transition as difficult or very difficult.12 The highly mobile military lifestyle affects long-term economic stability for veterans and their families, as the unexpected and often high costs associated with moves can challenge financial planning and stability. Service members transitioning out of active duty may receive varying levels of financial literacy training or explanation of benefits that would help them as they move into their next phase of life.
- Maintaining health and wellness: Preserving and improving physical, mental, and emotional wellbeing is particularly important. Many veterans have complex health needs, from invisible wounds that affect mental health to physical wounds, such as loss of limbs. Yet, confusing and fragmented healthcare delivery systems present challenges for veterans seeking to access the health care they need.

Unique Experiences in the Civilian World

Community Connection Successful Transitions 64% of those who served in combat feel 61% pre-9/11 and 65% post-9/11 service members disconnected from civilian life1 living in Chicago left the military without a job4 44% of modern-day veterans report they have had GI Bill funds tend to be **underutilized** by veterans and difficulties readjusting to civilian life2 only 8% transfer the benefit to their family⁵ 45% of veteran respondents to the BSF annual Veterans are typically older, have families and survey felt they did not always have sufficient enroll as part-time students: nearly 60% take six information to vote in local elections³ years to complete a Bachelor's degree⁶ Many employers have difficulty understanding how military skills match civilian job requirements⁷ **Economic Security** Health & Wellness 87% say financial readiness training (before 4 in 5 Vietnam veterans report **chronic PTSD** discharge) should be more individualized3 symptoms 20-25 years after Vietnam War¹¹ 41% describe their financial transition as 23% of post-9/11 veterans receiving care at difficult or very difficult post-service³ Post-9/11 veteran unemployment was 5.2% in Fall 20168 and among half million unemployed Suicide is **six times higher** amongst female veterans in the U.S., 60% are age 45 or over9 Only 38.076 WW2 veterans received Aid and About half of veterans experienced strains in Attendance pension benefits in 2011¹⁰

HEALTH CARE FOR VETERANS

While some health challenges are immediately evident the veteran's life. Injuries, both physical and mental, can create long-term health and wellness needs that the veteran may not have the resources or support to care for.

As veterans enter their senior years, maintaining their health can become a particularly acute challenge. Forty-six percent of the total veteran population is 65 or older, and many of them require assistance navigating benefits (e.g., long-term health care, aid and assistance programs, burial benefits, etc.) and managing caregivers for aging veterans. According to the Blue Star Families survey, 37 percent of respondents provide care to a veteran parent or grandparent.14 It is particularly important to build support structures for these families and caregivers to effectively care for the veteran.

Aging Veterans and Support Systems AGING VETERANS¹ 80-84 75-79 70-74 65-69 15 MILLIONS of the total veteran 46% population is AGE 65 OR OLDER¹ **Considerations for Aging Veterans** 4 in 5 Vietnam theater veterans report chronic PTSD symptoms 20-25 years after Vietnam War² 9.4 million veterans receive Social Security benefits; 3.6 million are elderly (the majority are 80 years

take on a bigger share of household tasks such as paying bills or housework. They also do more taking care of children and the extended family."10

"Caregivers for PTSD-diagnosed veterans tend to

SPOUSES AND CAREGIVERS FOR ALL VETERANS

worsened because of caregiving."9

"Six in ten caregivers report their own health has

spouses support veterans across all ages⁶

275K-1M

men and women care or have previously cared for wounded, ill, or injured service members and veterans7

37%

of BSF Survey takers provide care to a veteran parent or grandparent8

96%

of caregivers are estimated to be women⁷

Key Benefits for Aging Veterans⁵

Cemetery services and burial benefits

Increased lifespan for aging veterans will

Aid and Assistance and Housebound monthly

Long term and extended health care (including

significantly impact the need for VA benefits and

or older)3

healthcare services4

MILITARY FAMILIES

Family fulfills a central role while an individual is in active duty. Families are often the primary support system for service members and act as the bridge between the military and civilian worlds. Many recognize military service as a family-wide service—60 percent of the nearly 2 million active duty service members are married and/ or have children. 15 Yet 90 percent of military families feel the general public does not understand the sacrifices they and their service members have made.16

Active duty military families navigate unique circumstances as a result of military life:17

- High rates of mobility and separation: On average, military families are seven times more likely to move than civilian families. Military families also experience frequent and often long-term separation from their loved one due to deployment or training. This can erode familial stability, resulting in single-parent households as the norm and amplifying emotional needs for children.
- Low levels of spousal employment: High mobility can inhibit a spouse's ability to pursue and maintain employment in a meaningful career path. Despite being a highly skilled and well-educated population, 90 percent of female military spouses report being underemployed with respect to their education and experience.¹⁸ These challenges mean many military families must meet their needs on a single income.
- Obstacles to financial security: The uncertainty associated with military life—high mobility, inability to secure employment, moving costs, childcare, and changing benefits—can exacerbate financial instability and limit retirement planning.
- Difficulty accessing childcare services: A majority of military families have young children and a great need for childcare.19 However, many struggle to find childcare services that are both adequate and economical, putting a strain on the family and on the budget. Fifty-three percent of military spouses were significantly impacted and/or did not pursue education or employment because of lack of childcare availability.²⁰

ASSETS

When determining the best way to engage and support veterans and military families, museums and libraries should take note of the strong assets that veterans and military families offer.21

STRONG TEAM ORIENTATION



- "For many veterans, teamwork is an emphasis. There is a desire to work as a team and give people a sense of belonging and connection."
- Veteran



HIGHLY SKILLED, RESOURCEFUL, AND **INDEPENDENT**

- "This is an incredibly strong, capable, and resilient population — not a group of people to feel sorry for. We want to support them because of the sacrifices they've made."
- Veteran



SKILLED MILITARY SPOUSE WORKFORCE

- "Nearly 60 percent of military spouses (with an active-duty spouse) have a bachelor's degree or master's degree."
- Institute for Veterans and Military Families



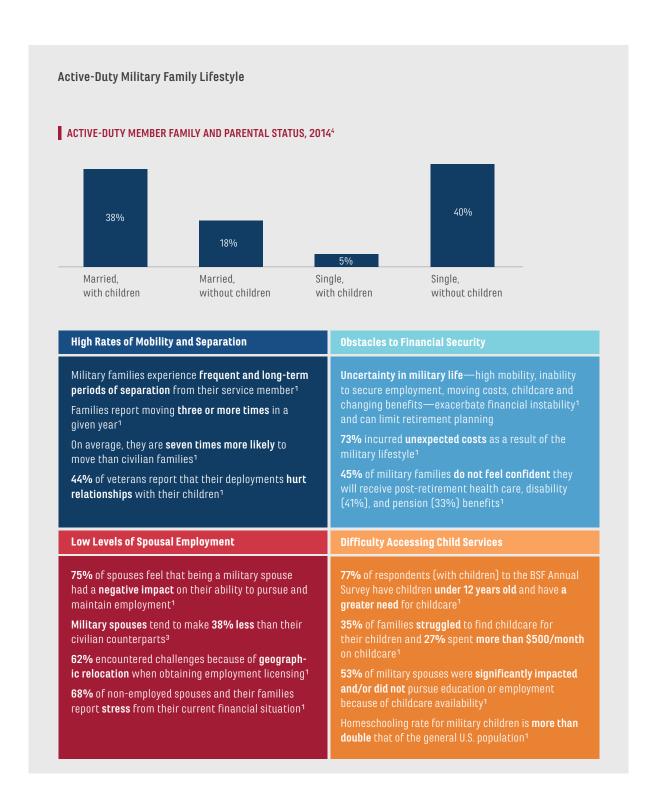
INTEREST IN VOLUNTEERING

- "Sixty-five percent of military family members volunteered in their communities or military installations."
- BSF Annual Survey



STRONG FAMILY ORIENTATION AND **RESILIENCE**

- "[Military families] want to spend time together as a family, increasing their own bonds and spending time with their communities."
- Museum programs coordinator



CONCLUSION

Remember that local context is important and the veteran and military family population will not look the same in all communities. Use this overview as a starting point to discover what is unique to your local military context and how your library or museum is best able to contribute within your community.

ENDNOTES

- 1. In 2016, the Institute of Museum and Library Services launched the Community Catalyst Initiative geared toward identifying new ways for museums and libraries to strengthen community involvement. To learn more about the Community Catalyst work led by the IMLS and its partners, please read the IMLS press release and the recently published report <u>Strengthening Networks, Sparking</u> Change: Museums and Libraries as Community Catalysts.
- 2. In 2016, the IMLS launched Community Salute: Libraries and Museums Serving Veterans and Military Families to help strengthen museums and libraries' ability to develop community-based solutions in response to veterans and military families' needs. To learn more about IMLS and its partners, please read the IMLS press release and visit the Community Salute blog.
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